



Keystone

Growth Towards Independence

50TH

ANNIVERSARY

Nurturing Growth Towards
Independence For 50 Years

2021 ANNUAL REPORT

"Mental health problems don't define who you are. They are something you experience. You walk in the rain, and you feel the rain, but, importantly, **YOU ARE NOT THE RAIN.**"
— Matt Haig

Mission

Keystone House, Inc. is a 501(c)(3) not for profit organization that provides residential and psychosocial services for adults with psychiatric disabilities in the greater Norwalk area. The mission of Keystone is to increase the ability of persons with disabilities to adjust to and remain in the community environments of their choice with personal success and satisfaction with as much independence as individually possible.

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Valerie S. Williams

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MRO Group Home

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Supervisor Community

Support Program

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KEYSTONE LOCATIONS

Administration & Community Living Center

147 Main Street
Norwalk, CT 06851
203 855-7920
Fax: 203 855-7943

Elmcrest Terrace Residence

16 Elmcrest Terrace
Norwalk, CT 06850
203 857-1158
Fax: 203 286-6471

St. John Street Residence

4 St. John Street
Norwalk, CT 06851
203 857-1155
Fax: 203 295-8428

Genoa Street Residence

12 Genoa Street
Norwalk, CT 06850
203 857-0188
Fax: 203 857-4452



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A Message From Our Chairman Of The Board And Executive Director



KEYSTONE HOUSE, INC.

Valerie S. Williams
Executive Director

Administrative Offices

147 Main Street
Norwalk, CT 06851
P 203 855 7920
F 203 855 7943

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Vice Chairperson

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Lori S. Torrano

Keystone House is proudly celebrating 50 years of uninterrupted services to the community. We have been here every day, every night, every moment - working to support adults facing the many challenges of a mental illness.

When Keystone was founded in 1972 it was one home serving 10 clients. Today we offer six different programs in four locations, working with over 175 clients each year.

Our staff work hard every day to help individuals reach their full potential, living a happy life.

This year, we completed a Strategic Plan focusing more on Keystone's future than our past. Board and staff committee members are working together to explore program growth and find the necessary funding to support our programs and services.

As you read through this Annual Report you will see photos and stories of celebrations and accomplishments.

We could not have come this far without the loyal support and the hard work of current and former board members and staff. Our residents and clients are getting the best possible service, and this will continue because of you, our financial supporters.

Thank you for helping make Keystone House the wonderful agency that it is today and for decades to come.

Thank you for your support.

Anthony Perrone
Chairman, Board of Directors

Valerie S. Williams
Executive Director



www.keystonehouse.org

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About Us

At Keystone, it's all about our clients. They come from all walks of life and have very different backgrounds. Some have high levels of education, some do not. Some have been very disabled by their illnesses, while others have not. No matter who they are or what their background is, our goal is to help each client live their best lives and meet their personal goals. We do so by providing a variety of programs.

ELMCREST TERRACE GROUP HOME

Keystone's first residence offers twelve residents a supportive, safe and friendly environment where they can learn, and practice skills needed to live more independently in the community. Services are individualized through each client's Recovery Plan. All plans are client driven, reflecting their assessed needs, preferences and the involvement of significant others, including service providers, family and other natural supports. There is always staff on site to support residents as they work on their goals.

GENOA HOUSE

Genoa House provides clients with the necessary supports and guidance to live as independently as individually possible in the community. Value is placed on providing residents with a home environment that is designed to enhance the individuals' quality of life, often the residents have experienced homelessness or prolonged hospitalizations before joining our program. Recovery plans focus on goals to assist everyone to reach their fullest potential.

ST. JOHN GROUP HOME

St. John Group Home provides a supportive environment where residents can learn and practice the skills and routines needed to live more independently in the community. There are staff on site 24/7 to provide support and guidance. Most clients move into their own apartment in the community.

THE COMMUNITY LIVING CENTER-CLC

Services in the Community Living Center program are client-centered to meet the goals, hopes and dreams of participants. Individualized services and skill groups are focused on recovery and are developed to increase independence. COVID shutdown gave our staff and clients time to re-think our CLC program. We have gradually re-opened with weekly trips to the local farmers market, peer led groups, and community-based programming. We continue outreach to those individuals who are not yet able to attend in-person activities.

KEYSTONE'S COMMUNITY SUPPORT PROGRAM

Keystone's CSP (Community Support Program) brings support to the person living in the community. We follow the statewide model that includes a comprehensive array of rehabilitation services, most of which are provided in non-office settings by a mobile staff. Services are focused on skill building with a goal of maximizing independence. It is the CSP services that support over 35 people a year to live successfully in their own apartments.

PILOTS SUPPORTIVE HOUSING

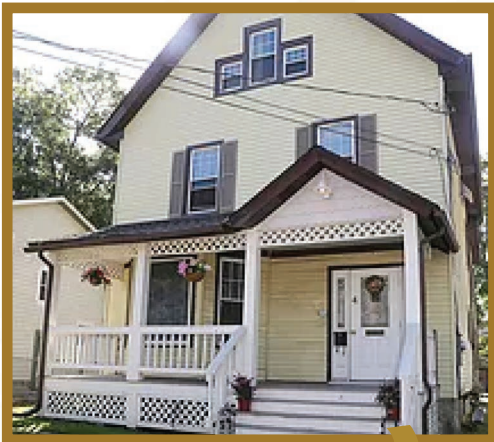
In collaboration with Norwalk's Family & Children's Agency, Keystone supports those that are challenged by mental illness and substance use who also experience chronic homelessness. The PILOTS program provides case management and residential support for clients living in their own apartments focusing on fostering independence and building natural community supports.



Elmcrest Terrace Residence



Genoa House



St. John Street Residence

A Tribute to Our Board Members Over the Past 50 Years

Thank you for your selfless commitment to our Board of Directors. Your contributions have made such a difference to the lives of adults in our community living with mental illness.

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If we missed, or misspelled your name, please accept our apology. Every Board Member is important to us.

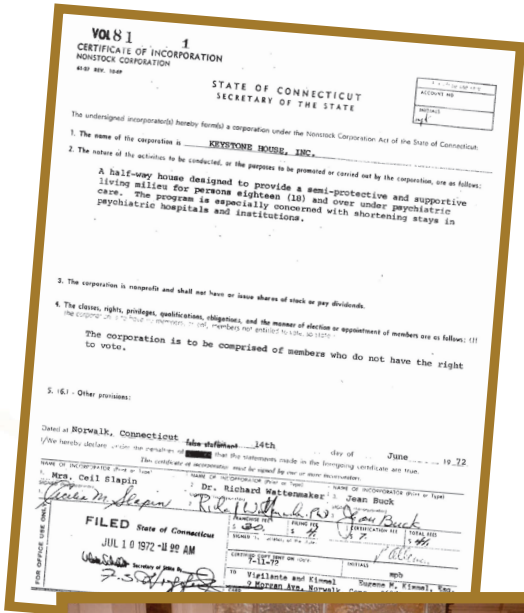
*Executive Director/Acting Director

Looking Back While moving Forward...



1972

It was 1972, staff at Norwalk Hospital along with community supporters, formed Keystone House, Inc. After a successful capital campaign, Keystone purchased our first residence, Elmcrest Terrace, home for ten adults with severe and persistent mental illness. Carol A. Nodop was our founder and first Executive Director. Pictured above 2nd from right.



1987

We opened the Community Living Center offering social support and social activities. Expanding in 1997 to a new location for our growing program.

1986-1987

1995

The Supported Apartment Services expands to include services for adults addressing both mental health and substance use needs.

In 1986-1987, in response to deinstitutionalization of the mentally ill, Keystone opened its second home on St. John Street. This home was for eight individuals who had been hospitalized for prolonged periods of time.



2000

Keystone collaborates with Norwalk's Family and Children's Agency to form PILOTS, a supported apartment program addressing the needs of chronically homeless adults facing challenges of mental illness and substance abuse.



2006

Keystone opened their third residence, Genoa Street home to 6 adults.

2012

After a long search Keystone's Community Living Center and Supported Apartment Programs moves to 147 Main Street.



2016

Keystone Supported Apartment Services transitions to evidenced based practice service model, Community Support Program.



2021-2022

2021/2022 – We celebrate 50 years of providing services to adults facing the challenges of a mental illness serving over 175 clients annually.



Keystone's 50th Anniversary Party
Friday, May 6, 2022
St. Ann Club
More Details to Come!

SAVE
THE
DATE

Keystone's Planned Giving - Plan Your Gift to Keystone Today!

Planned Giving is a Simple, Powerful Way to Keep Your Compassion & Generosity Alive. Your Contribution Can Continue to Impact Lives into the Future.

"The terrific work that the staff of Keystone House has provided to its clients for the past 50 years has always meant a lot to us so bequeathing financial support in my will was an easy decision for me and my family."

Make your legacy one of compassion by supporting adults with mental illness!

Jerry Sprole,
Board Member, Keystone House, Inc.



FINANCIAL STATEMENT

July 1, 2020 - June 30, 2021

SUPPORT AND REVENUE		FY2021
*Government Grants	\$	2,829,710.00
Client Fees	\$	163,916.00
Private/Other Income	\$	118,210.00
TOTAL	\$	3,111,836.00

EXPENSES		
Program Services	\$	2,489,849.00
Management and General	\$	441,938.00
Fundraising/Development	\$	99,939.00
TOTAL	\$	3,031,726.00

CONSOLIDATED SUMMARY OF FINANCIAL POSITION		
Total Assets	\$	1,834,319.00
Total Liabilities	\$	852,546.00
TOTAL NET ASSETS	\$	981,773.00

* Includes funding from the Connecticut Department of Mental Health and Addiction Services.

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We do our best to make sure our donor listing is complete and accurate. If we misspelled your name, or missed your name at the time of printing, please accept our apology.



"Keystone
Sows Seeds
of Wellness"

Mike B.



Keystone
Growth Towards Independence

Call 203-855-7920 for more information.
147 Main Street, Norwalk, CT 06851 www.keystonehouse.org

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